



Thank you for your purchase of My Mask. My Masks are reusable, washable, cloth face coverings.

The CDC recommends wearing cloth face coverings as an additional public health measure people can take to help slow the spread of the coronavirus to those around them.

While the use of filters is optional, the Pattern and Comfort Plus styles of My Mask can accommodate filters. To insert the filter, simply slide the filter into the side pocket on the back of the mask. Filter should be fully inserted prior to use. Be sure to remove the filter prior to washing your mask.

We would like to share some general cloth mask guidelines from the CDC.

*\*\*\*Please check the CDC website (<https://www.cdc.gov/>) regularly for any updates.*

- *Cover your mouth and nose with a cloth face cover when around others.*
- *The cloth face cover is meant to protect other people in case you are infected.*
- *Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.*
- *Everyone should wear a cloth face cover when they have to go out in public, for example to the grocery store or to pick up other necessities.*
- *Continue to keep about 6 feet between yourself and others. The cloth face cover is not a substitute for social distancing*

**Should cloth face coverings be washed or otherwise cleaned regularly? How regularly?**

Yes. They should be routinely washed depending on the frequency of use. (<https://www.cdc.gov/>)

**How does one safely sterilize/clean a cloth face covering?**

A washing machine should suffice in properly washing a face covering. (<https://www.cdc.gov/>)  
*My Mask Washing Instructions: Machine Wash Warm, preferred in a mesh laundry was bag , Tumble Dry Low*

*Some of the My Mask styles can accommodate filters. The filter must be removed prior to washing the mask.*

**How does one safely remove a used cloth face covering?**

Individuals should be careful not to touch their eyes, nose, and mouth when removing their face covering and wash hands immediately after removing. (<https://www.cdc.gov/>)

If you have any questions or need additional information, please call us at (323) 571-4944 or (310) 487-1137.

Stay safe! We are all in this together!

-Zorbitz